

LONG BEACH UNIFIED SCHOOL DISTRICT

SERVING LONG BEACH, LAKEWOOD, SIGNAL HILL AND
AVALON

OFFICE OF THE SUPERINTENDENT
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April 27, 2009

Dear Parents and Guardians:

This letter provides basic information about swine flu. It is one of many proactive measures that our district is taking to ensure the health and safety of all students and staff members.

At this time, we are not aware of any cases of swine flu in our schools. However, based on advice from the Long Beach Department of Health and Human Services, we want to remind you of the following precautionary steps to protect your family:

- Remind your children to wash their hands frequently and to cover their coughs and sneezes carefully.
- Keep children who are sick or exhibit flu-like respiratory symptoms (including fever, aches, cough, and runny nose) at home.
- Teach your children to stay at least three feet away from those who are sick.
- Remain calm and help your children to do the same.

All site administrators and school nurses have been advised to watch for students and staff members who may be symptomatic, as well as to check on those who are absent. Schools will be sending other related information home with your children.

For further details, please visit the Center for Disease Control's swine flu web page at www.cdc.gov/swineflu. You may also visit the district home page at www.lbschools.net, where we will be posting important updates.

Thank you for your continued support of our students and staff members. Their health and safety are our top priorities.

Regards,



Christopher J. Steinhauser
Superintendent of Schools